

D WHAT ARE THE CHANCES OF A CHILD HAVING THALASSAEMIA ?

S. No.	TYPES OF MARRIED COUPLES	CHANCES OF HAVING A CHILD		
		COMPLETELY NORMAL	WITH THALASSAEMIA TRAIT	WITH THALASSAEMIA MAJOR
1	BOTH PARENTS ARE NORMAL	100%	NIL	NIL
2	ONE PARENT HAS THALASSAEMIA TRAIT & ONE PARENT IS NORMAL	50%	50%	NIL
3	BOTH PARENTS ARE b - THALASSAEMIA CARRIERS	25%	50%	25%

E WHAT IS THE TREATMENT OF THALASSAEMIA ?

Presently two different types of treatment are available:

- **CONVENTIONAL TREATMENT** : comprising of :-
 - 1) Regular blood transfusion
 - 2) Iron Chelation Therapy with desferrioxamine (Inj. Desferral)
 - 3) Removal of spleen (splenectomy), if needed.

- **BONE MARROW TRANSPLANTATION.**



F THALASSAEMIC PATIENTS SHOULD AVOID:

- Although there is no contraindication, it is generally recommended to avoid intake of food rich in iron for e.g.: liver, spleen, prunes, spinach, raisins etc.
- Taking large doses of Vit-C could have a deleterious effect of the already excess amount of iron in the body. However, small dose of Vit-C taken with desferral may help in increased amount of iron being taken out of the body by the given amount of desferral.